



Family Mediation Canada / Médiation Familiale Canada

## INTRODUCTION TO MEDIATION 101

### A FAMILY MEDIATION CANADA WEBINAR SERIES

Presented by Mary Damianakis, FMC Accredited Comprehensive Family Mediator

#### 4 Sessions (2 hours each)

- |    |                             |                   |
|----|-----------------------------|-------------------|
| 1. | Thursday, December 10, 2020 | 1:00 – 3:00 PM ET |
| 2. | Thursday, December 17, 2020 | 1:00 – 3:00 PM ET |
| 3. | Thursday, January 7, 2021   | 1:00 – 3:00 PM ET |
| 4. | Thursday, January 14, 2021  | 1:00 – 3:00 PM ET |

Participants will be introduced to mediation and conflict resolution. The intent of the course is to review, in a clear and easy manner, the stages of mediation and the role and responsibilities of the mediator. The participants will learn to differentiate, between mediation and other forms of dispute resolutions modalities. The course will also delve into the communication skills, and techniques that all students in mediation need to have. Effective communication skills are critical during COVID19 and the resultant high demand for online mediation. The course will briefly explore the impact of cultural insights, and how biases can impact mediation. Ethics and best practices will also be introduced in the first series. The course will be delivered online with interactive discussions.

#### Course Objectives:

- What is the mediation process?
- The fundamental principles of mediation
- Tell me more about the role and responsibilities of the mediator
- Identify and understand the communication skills- what techniques does the mediator have in their toolbox?
- Cultural Insights: how does a mediator decode?
- Ethics, Ethics and Ethics
- The Family Arena
- Best Practices
- Mediation models and styles - what is being used in the different family mediation areas

#### Speaker Bio:



Mary is a certified mediator, accredited family mediator, consultant, and trainer. She works in English, German, French and Greek languages and resides in both Canada and Switzerland. Mary is approaching four decades in the mediation journey and was trained in the USA and Canada. Mary was also trained by the Navajo communities in the USA in the early 2000s, which added a depth to her learning journey.

Mary has been providing training and supervision in commercial, workplace, banking, and family mediation. Mary is involved with Singapore's mediation journey, and the Singapore Family Justice Center. She trains in Europe and continues to work with parties undergoing international disputes. Her areas of specialization are cultural issues, trauma and domestic violence. At the core of Mary's work are the children, as they are the beneficiaries of mediation.

Mary is a past President of Family Mediation Canada and currently serves on FMC's Board of Directors.

## WEBINAR REGISTRATION FORM

### INTRODUCTION TO MEDIATION 101

| Please register me for the following:      | FMC MEMBER | NON-MEMBER | Amount |
|--|------------|------------|--------|
| INTRODUCTION TO MEDIATION 101 – 4 SESSIONS | \$240.00   | \$280.00   |        |

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| First name:     |  |           |  |
| Last name:      |  |           |  |
| Address:        |  |           |  |
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| Postal Code:    |  | Phone:    |  |
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Please submit this page, or email Sue at [admin@fmc.ca](mailto:admin@fmc.ca) and indicate how you'd like to pay. There are three methods to pay the webinar fee:

- Credit card – send us this form and you will be invoiced via PayPal (you do not need a current PayPal account)
- Send an etransfer to [admin@fmc.ca](mailto:admin@fmc.ca) (it's an automatic deposit, no password required) through your online banking
- Send a cheque by mail ASAP (payable to FMC, mail to the address below)

*Please note that these sessions are interactive, and participation is required. Recordings will therefore **not** be provided.*



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