



**In Partnership with
Centre for Conflict Education and Research, Ontario Association for Family Mediation (Ottawa Chapter),
and Family Mediation Canada**

We are pleased to offer the following Workshop for Mediators and an Opportunity to Network with Colleagues on November 15, 2008 in Room 124, Leeds Residence at Carleton University, Ottawa

- 8:30-9am:** Breakfast with participants
- 9am-12 noon:** Workshop
- 10:45am:** Health Break

Presenting
Dr. Cheryl Picard, Director,
Centre for Conflict Education and Research, Carleton University
**THINKING ABOUT FAMILY CONFLICT THROUGH THE LENS OF
"CARES AND THREATS"**

In this session, Family Mediation Canada and Ontario Association for Family Mediation participants will be introduced to Insight Mediation, a learning and relational approach to conflict where humans are understood to be connected to each other through complex webs of relationships and meanings that influence their actions. In this approach conflict is thought to emerge when people perceive that what they care about (interests, values, needs) are threatened by what others care about. Insight mediators help parties discover whether their cares must *necessarily* be threatened by the relationship. When parties' no longer feel threatened they can listen and learn; with learning comes insight and curiosity enabling parties to explore ways of protecting their cares without threatening the cares of the other. These "learning moments" represent changes in perspectives and attitudes that break through the established negative patterns of communication and shift relationships on to new ground. Insight mediators see their work as more than facilitating problem-solving or reaching an agreement - their work involves facilitating *learning moments* that lead parties to new discoveries and new possibilities for action that impact not only this conflict, but others to come. In addition to talking about some of the theoretical underpinnings of the approach, we will explore a few of the distinct strategies and skills of this method, all the while encouraging dialogue and learning.
Certificate of Attendance: 3 hours for Mediator Professional Development

- 12pm-1:30pm:** Enjoy lunch and conversation with:
OAFM (Ottawa Chapter) members, GCCR alumni and students, FMC Board and FMC members
- 2pm-4pm:** Family Mediation Canada Annual General Meeting
- 4pm-6pm:** Evening Program: Guided panel discussion with OAFM (Ottawa Chapter), FMC, and CCER to explore future directions
- 6pm-7:30:** Dinner with OAFM (Ottawa Chapter) and FMC Board

FREE PARKING

Registration Deadline November 3, 2008. Form attached

OAFM (Ottawa Chapter), CCER, FMC Workshop REGISTRATION FORM

(Please Print)

INFORMATION			
Last name:	First:	email:	
Street address:		Business phone: ()	Home phone : ()
City:	P.O. Box	Country	Postal Code:
Occupation:	Association & member number:		

EVENTS	COST	
_____ Saturday morning including breakfast	\$25.00	
_____ Saturday morning and afternoon sessions	\$40.00	
_____ Saturday all day plus supper	\$65.00	
_____ OAFM (Ottawa Chapter) all day special	\$50.00	
_____ GCCR Alumni all day special	\$50.00	
_____ FMC member all day special	\$50.00	
_____ GCCR students Saturday morning and lunch	Guest	
_____ Certificate of Attendance	no cost	
TOTAL COST:		

To Register for this event please contact Carrie Cekerevac, FMC's Administrative Assistant by Phone, Fax, Email or Mail:
Telephone: 1.519.585.3118 or 1.877.362.2005 Fax: 1.416.849.0643 Email: carrie@fmc.ca

Mail:
Family Mediation Canada
Suite 180-55 Northfield Dr. E
Waterloo, ON N2K 3T6

Method of payment : CHEQUE _____ VISA _____ MasterCard _____ AMEX _____

Credit Card # _____ Expiry Date _____

Signature

Date