

MEDIATION

An interactive and interdisciplinary 40 hour basic course

October 21-25, 2010

Saint John, New Brunswick

COURSE CONTENT:

- Theories of conflict resolution
- Conflict styles
- The key role of communication in conflict
- The key role of emotions in conflict
- Effective strategies to deal with emotions in mediation
- Balance of power in mediation
- Documenting and writing the Memorandum of Understanding
- Reflective practice, a key role for the mediator
- Mediator accreditation and certification
- Mediation as a profession, what's next?

AT THE COMPLETION OF THIS 40 HOUR COURSE PARTICIPANTS WILL BE ABLE TO: understand how they act in conflict, how to resolve conflict constructively, in the family, the workplace or on the school playground.

WHO SHOULD ATTEND:

The ability to mediate is a fundamental life skill and this training would be of benefit to: Lawyers, teachers, doctors, nurses, mental health professionals, religious leaders, municipal leaders and individuals who wish to learn, enhance and practice mediation skills.

Instructor **Elizabeth Sterritt**, M.Ed., GCCR, Acc.F.M, Cert.EM (OAFM), OCT, is an accredited Family Mediator and certified Elder Mediator whose private practice includes elder and family mediation, conflict coaching, and mediation skills assessment in the Graduate Certificate in Conflict Resolution Program at Carleton University. Ms. Sterritt is the past president of OAFM (Ottawa), a member of the CCER Board of Directors, the FMC Board of Directors and a collaborative consultant with Collaborative Practice Ottawa.

COST: \$1650.00 + HST = 1864.50

Early bird prior to September 10, 2010 \$1500.00 + HST = 1695.00

For more information:

(506) 634-2883

pat@doniheeconsulting.com